



## 2025 GEAR UP Camp Q&A

### What is GEAR UP Camp?

GEAR UP Camp is an opportunity for middle and high school students from GEAR UP schools to spend 4 days learning and having fun. Students will explore the University of Portland, stay in college dorms, eat in the dining hall, meet new friends, gain confidence, learn how to work in a team, and develop leadership skills. [Seeds Training](#) will lead camp activities.

### Want to see what GEAR UP Camp looks like?

Check out the web journals from last year's camps:

- HS: <https://www.seedstraining.com/orhs624/>
- MS: <https://www.seedstraining.com/orms624/>

### How can we create parent buy-in?

Direct parents to the Seeds [Parent and Family Info Hub](#) to learn about the work Seeds does with students.

### When and where will GEAR UP Camp take place?

June 23-26, 2025, [University of Portland](#).

### Who should attend GEAR UP Camp?

The GEAR UP Camp will consist of two sessions. Consider bringing students who are potential leaders, students that exhibit leadership qualities, current student leaders, or students that may benefit from the experience.

- Middle School Session for current 6<sup>th</sup> and 7<sup>th</sup> graders
- High School Session for current 8<sup>th</sup>, 9<sup>th</sup>, 10<sup>th</sup>, and 11<sup>th</sup> graders

### How many students can my cluster bring?

Each cluster is invited to register up to 10 students and list up to 5 alternates for each session. If we do not fill the event with the initial registration, we will admit students from the alternate lists.

### Are permission slips required?

Yes, every student and their guardian must complete this [liability form](#). This fillable PDF can be emailed or printed for signature. Completed forms will be collected at dorm check-in on the first day of camp.

### What student policies should we/our students be aware of?

1. Cell phones. Use of cell phones will not be allowed during camp sessions. Students may use phones during breaks and meals, and before/after camp activities.
2. No illegal activities or substances will be tolerated, including but not limited to smoking, vaping, alcohol or other illicit substances. Students caught using, selling, or engaging in or with unlawful activities or substances will be sent home. It will be the school's responsibility to get the student home.

### Where will we stay?

Participants and chaperones will stay in the dorms. Students will be in double rooms; chaperones will have single rooms. Sheets, blanket, pillow, bath towel, hand towel and washcloth will be provided.

### How are student roommates assigned?

We will ask the school or GEAR UP Coordinator to assign roommates once registration has closed.

### **What do we need to bring?**

- Comfortable clothes and shoes. The camp activities are interactive so students should come prepared to move around and sit on the floor. For students: comfortable close-toed shoes are recommended; no skirts.
- Toiletries and other personal items.

### **Where will we eat?**

Participants and chaperones will eat in [Bauccio Commons Cafe](#).

### **Where will camp activities take place?**

The main meeting rooms are Bauccio Commons and Bauccio Boardroom; organized activities will take place in other parts of campus during camp.

### **What will GEAR UP provide?**

- Meals (dinner on day one through lunch on day four)
- Lodging

### **What does the school need to provide?**

- Chaperones
- Travel to and from the event (including coordination with students/families so that they are aware of the transportation plans)
- A stipend to chaperones, if necessary

### **Who should attend as chaperone?**

Chaperones may be a school employee or a volunteer family or community member. The chaperones will be responsible for the students throughout the retreat.

Please see [GEAR UP Chaperone Guidelines](#). *Chaperones must also comply with all school/district policies (i.e. chaperone/student ratios, chaperone gender, conduct, background checks, etc.).* As many chaperones may attend as needed, with a minimum 10:1 student to chaperone ratio. Please bring a minimum of one male and one female chaperone for adequate supervision of students in the dorms.

### **What will we do at night?**

High School leadership activities will extend into the evenings; middle school activities will end at dinner. There will be optional organized evening activities for the middle school students. For both groups, there will be free time in the dorms before lights out.

### **What is the agenda?**

Dorm check-in will take place from 12:45-1:45 on Monday, June 23<sup>rd</sup>. Camp activities will begin at 2:00. Dorm check-out will take place from 1:00-2:00 on Thursday, June 26<sup>th</sup>. A detailed agenda will be provided.

### **Registration link**

[https://oregonstate.qualtrics.com/jfe/form/SV\\_9tdDhKbZkWaWsJg](https://oregonstate.qualtrics.com/jfe/form/SV_9tdDhKbZkWaWsJg)

### **Registration deadline:**

May 17

### **Questions?**

Event details, contact Anne Stephens at [anne.stephens@oregonstate.edu](mailto:anne.stephens@oregonstate.edu).

Registration details, contact Sara Lopez at [sara.lopez@oregonstate.edu](mailto:sara.lopez@oregonstate.edu).