

# 2026 GEAR UP Camp



UNIVERSITY OF PORTLAND, JUNE 22-25

GEAR UP Camp is an opportunity for middle and high school students to spend 4 days learning and having fun. Students will explore campus, stay in college dorms, eat in the dining hall, meet new friends, learn how to work in a team, and gain confidence. [Seeds Training](#) will lead camp activities.

## CAMP Q & A

### WANT TO SEE WHAT GEAR UP CAMP LOOKS LIKE?

Check out the web journals from last year's camps:

- MS: <https://seedstraining.com/oregonms625/>
- HS: <https://seedstraining.com/oregonhs625/>

### HOW CAN WE CREATE PARENT BUY-IN

Direct parents to the Seeds [Parent and Family Info Hub](#) to learn about the work Seeds does.

### HOW MANY STUDENTS CAN WE BRING?

The GEAR UP Camp will consist of two sessions – middle school and high school. Each cluster may register up to 10 students and list 5 alternates for each session. If camp does not fill with the initial registration, students from the alternates list will be invited to attend.

- Middle School Session for current 6<sup>th</sup> and 7<sup>th</sup> graders
- High School Session for current 8<sup>th</sup>, 9<sup>th</sup>, 10<sup>th</sup>, and 11<sup>th</sup> graders

### ARE PERMISSION SLIPS REQUIRED?

Yes, this [liability form](#) must be completed for every participant. This fillable PDF may be emailed or printed for signature. Completed forms will be collected at dorm check-in on the first day of camp.

### ARE THERE STUDENT POLICIES SHOULD WE/OUR STUDENTS BE AWARE OF?

1. The use of cell phones will not be allowed during camp sessions. Students may use phones during breaks and meals, and before/after camp activities.
2. No illegal activities or substances will be tolerated, including but not limited to smoking, vaping, alcohol or other illicit substances. Students caught using, selling, or engaging in or with unlawful activities or substances will be sent home. The school will be responsible for getting the student home.

### **WHERE WILL WE STAY?**

Participants and chaperones will stay in the dorms - students in double rooms, chaperones in single rooms. We will ask the school or GEAR UP Coordinator to assign roommates once registration has closed. Sheets, blanket, pillow, bath towel, hand towel and washcloth will be provided.

### **WHERE WILL WE EAT?**

Participants and chaperones will eat in the dining hall, Bauccio Commons Cafe.

### **WHAT WILL GEAR UP PROVIDE?**

- Meals (dinner on day one through lunch on day four)
- Lodging

### **WHAT DO SCHOOLS NEED TO PROVIDE?**

- Chaperones
- Travel to and from the event (including coordination with students/families so that they are aware of the transportation plans)
- A stipend to chaperones, if necessary

### **WHO SHOULD ATTEND AS CHAPERONE?**

Chaperones may be a school employee or a volunteer family or community member. *Chaperones must also comply with all school/district policies (i.e. chaperone/student ratios, chaperone gender, conduct, background checks, etc.).* Chaperones will be responsible for students throughout camp.

You may bring as many chaperones as needed, with a minimum 10:1 student to chaperone ratio, and a minimum of one male and one female chaperone for adequate supervision of students in the dorms. Please see [GEAR UP Chaperone Guidelines](#).

### **WHAT IS THE AGENDA?**

Dorm check-in will take place from 12:45-1:45 on Monday, June 22nd. Camp activities will begin at 2:00. Dorm check-out will begin after lunch on Thursday, June 25<sup>th</sup>. A detailed agenda will be provided.

### **READY TO REGISTER?**

Register for GEAR UP Camp by May 15, 2026, by using this [registration link](#).

### **QUESTIONS?**

Event details, contact Anne Stephens at [anne.stephens@oregonstate.edu](mailto:anne.stephens@oregonstate.edu).

Registration details, contact Sara Lopez at [sara.lopez@oregonstate.edu](mailto:sara.lopez@oregonstate.edu).