

OREGON  
GEARUP



# 2015 SUCCESS RETREAT

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# General Information

Welcome to the GEAR UP SUCCESS (Supporting Unique Community Coalitions Engaged in Student Success) Retreat, an annual event that combines team planning time, breakout sessions and keynote presentations in a relaxing and fun environment.

All general sessions and meals take place in **Cascade ABJ**.

Breakfast is provided by the hotel; please be sure to eat before sessions begin each morning.

Planning documents and materials can be found online at [bit.ly/gearupsuccess2015](http://bit.ly/gearupsuccess2015)

### Staff Contact Information

If you need help in the following areas, please call, e-mail or find any of the following people:

- **Event logistics:** Anne Stephens, 541-968-7189
- **Planning questions:** Susie Snelling, 541-632-0544 or Richard Ceder, [richard.ceder@oregonstate.edu](mailto:richard.ceder@oregonstate.edu)
- **Data/evaluation questions:** Jennica Vincent, [jennica.vincent@oregonstate.edu](mailto:jennica.vincent@oregonstate.edu)
- **Cost share/program questions:** Stephanie Carnahan, 541-359-6755

### Team Time Room Assignments

Cascade ABJ	Cascade C	Cascade D	Cascade E
Cottage Grove	Gold Beach	Yoncalla	Newport
La Pine	Port Orford	Elgin	Taft
Roseburg	Illinois Valley	Elkton	Reedsport
South Umpqua	Myrtle Point	North Douglas	
Cascade F	Cascade G	Cascade H	Cascade I
Lebanon	McKenzie	Bandon	Klamath Union
Riverside	Lowell	Rogue River	Chiloquin
Dayton	Umatilla	Powers	Oakridge
Coquille	Stanfield	Camas Valley	
	Culver		

# Schedule

## Sunday, 5/3

- 4:00 Welcome
- 4:30 **Advocating for a Bigger World**  
Brett Bigham,  
*2014 Oregon State  
Teacher of the Year*
- 5:30 Dinner
- 6:30 Explore Your School  
Data
- 7:30 Team Time

## Monday, 5/4

- Breakfast at hotel*
- 8:00 Welcome
- 8:15 **Understanding  
Teens**  
Joshua Gainey,  
*GEAR UP  
Coordinator, UNLV*
- 9:30 Breakout Sessions
- 10:45 Team Time
- 11:45 Lunch
- Dreaming a Dream  
That Is Bigger Than  
Me**  
Erin Jones, *Director  
of AVID, Tacoma  
School District*
- 1:30 Breakout Sessions
- 2:45 Team Time
- Dinner on your own*

## Tuesday, 5/5

- Breakfast at hotel*
- 8:00 Welcome
- 8:15 **Who Gets To Be  
Happy?**  
Kelly Hansen,  
*Director of Training  
and Programs, Vox  
Siren*
- 9:30 Breakout Sessions
- 10:45 Team Time
- 12:30 Boxed Lunch

# Team Time

The SUCCESS Retreat is, first and foremost, an opportunity to evaluate your GEAR UP programs and services as a team and outline priorities and a plan for the following year and the future.

In order to make the most of your limited time as a team, the GEAR UP Team Binder has a number of documents that will help guide your work. The following is a suggested workflow, but prioritize your time on tasks as needed! Also, be sure to debrief the breakout sessions that each member of your team attends.

## Get started.

- Set goals for the retreat
- Decide on breakout session strategy
- Create a poster of your school's roadmap in relation to college access: Where have you been and where do you want to go?

## Take a look at the bigger picture.

- Update/discuss the **Review Data** document using data provided in your School Profile Report, College Enrollment Report, Survey Data, and other sources.
- Review and update the **Assess Key Goals** document to identify goals that still need to be met.
- Look at scope and sequence across all grades, using the **Outline A 6-Year Plan** document. Review the programs and services currently offered and map out potential programs and services for all grades to look longitudinally at student needs.

## Evaluate the current year's activities.

- What worked well and should be continued? What can be improved? What can be dropped?
- Use the **Evaluation** portion of your current plan as a guide for conversation. No need to spend time filling out the data points for each activity now – it just needs to be completed by July 1.

## Identify priorities for next year.

- Outline the **Yearly Plan** for next year's programs and services. Don't worry about filling everything in now – it can be refined before its July 1 due date.

# Speakers

**Brett Bigham** is the first special education teacher to be named Oregon State Teacher of the Year and to be awarded the Oregon Education Association's Excellence in Education award. He is a National Education Association Foundation Global Fellow and will be working as a Teacher Ambassador this summer in Peru. He is the 2013 National Association of Special Education Teacher's Outstanding Special Education Teacher and has been honored in both the Oregon State House of Representatives and the White House.

**Joshua Gainey** has been a youth development and college access professional for over twenty years. Joshua earned a BA in Recreation and Leisure Services from UNLV and spent eighteen years working for Boys & Girls Clubs of Las Vegas in every possible capacity, with a concentration on teen services for the last fifteen years of his time there, leading multiple youth conferences and chairing the Pacific region teen advisory council. Currently, Joshua is a Coordinator with UNLV GEAR UP and is pursuing his Masters in Public Administration.

**Erin Jones** has been involved in education for the past 23 years as an athletic coach, a public and private school teacher, an instructional coach, a state assistant superintendent, and a district executive. Erin has taught in a variety of environments in some of the most diverse communities in the nation from Philadelphia to South Bend, Indiana to Washington State, where she has now lived for 18 years. Erin has received numerous awards including Most Innovative Foreign Language Teacher in 2007, Washington State Milken Educator of the Year in 2008 and a White House "Champion of Change" in 2013.

Erin transitioned one year ago from Director of Equity and Achievement in Federal Way to Director of AVID in Tacoma. Erin's greatest passion is to create equity by closing opportunity gaps and ensuring all students have access to quality early childhood programs, quality educators, high standards, culturally-relevant curriculum, proportional access to special programs, and intentional instruction in academic English.

**Kelly Hansen** is a Portland, Oregon native, who has worked in rural areas in Oregon. She is an educator and a writer, specializing in social justice and community building including leading research on the Yakima Indian Tribe's transition from subsistence agriculture to reservation. She is the daughter of educators and teaching runs in her blood.

She feels most at home designing programs, curriculum and supporting educators to excellence. She has designed large youth programs that concentrate on growth mindset and uses this as a tool in her work with her own staff. She has been a guest speaker on a variety of panels, including the Oregon Active Transportation Summit, in which she discussed using the bike as a tool for empowerment with disenfranchised communities.

She is also a photographer, novelist (pseudonym Tyler Blackthorne) and has created music composition for short documentary films.

# Breakout Sessions At-A-Glance

	Monday, 9:30-10:30	Monday, 1:30-2:30	Tuesday, 9:30-10:30
Cascade ABJ	College Fit		
Cascade C	The Power of Growth Mindset and Social Emotional Learning	The College Board Readiness and Success System: The Redesigned SAT® & PSAT®	College Credit Now! Building a College-Going Culture for All Students
Cascade D	South Umpqua School District's Greatest Hits!	Administrator Meeting	What We Need: Student Education, Not Student Debt
Cascade E	'Working Out' Your Measurable Objectives and Building Your School Plan's Muscles	The Nuts and Bolts of GEAR UP	Three Strategies to Integrate Student Self-Motivation into Our Curricula
Cascade F	Working Effectively Across Cultures	GEAR UP Through the Years at La Pine School District	Gathering Intention Data: Goal Setting and Self-Reflection in Career Planning
Cascade G	AVID: People Like Me - Change the Academic Trajectory for ALL Students	Teaching with Vulnerability in Mind: Poverty, Race, Stress, Difference	Communications 101
Cascade H	Igniting a Youth's Spark	Recruiting Quality Volunteers	Individual Development Accounts: Opening Doors to Postsecondary Opportunity
Cascade I	Finding a System for Learning Management: The Nervous System of a Digital Age Classroom	The Job Market in a Digital World: Digital Citizenship as the Passport	Kahoot It

# Breakout Session Descriptions

Monday, 9:30-10:30

**ABJ** **College Fit: Reaching Even Higher**  
*Adrienne Enriquez, Transitions Specialist, Oregon GEAR UP*

In this session, we'll talk about the various types of postsecondary educational options that exist and how to begin having conversations with students about which of these options might be good fits. We'll also sample some hands-on activities that you can take back and do with your students. This workshop is ideal for those working with 8th/9th graders but could span to older or younger grades as well.

**C** **The Power of Growth Mindset and Social Emotional Learning**  
*Kendra Coates, Educational Consultant/Curriculum Designer, Mindset Works*

Growth Mindset. Resiliency. Grit. Perseverance. Self-awareness. Self-management. These mindsets, strengths, and skills (a.k.a. non-cognitive skills) are essential for active engagement in our globalized world. Join me as we explore the role of a growth mindset and social and emotional learning (SEL) in fostering motivation, achievement, and success.

**D** **South Umpqua's Greatest Hits!**  
*Laurie Collins & Kristy Westbrooks, GEAR UP Coordinators, South Umpqua School District*

After 6 years of GEAR UP in our district, we have great ideas to share! Come learn about our GEAR UP to Success class, a new approach to improving attendance, interactive classroom competitions, the best open house idea, and

our middle school reform to improve rigor & relationships.

**E** **'Working Out' Your Measurable Objectives and Building Your School Plan's Muscles**

*Jennica Vincent, Research & Evaluation Specialist, Oregon GEAR UP*

This workshop walks participants through the fundamentals of writing high-quality Measurable Objectives (MO's), and facilitates an understanding of how MO's help us conduct, plan, and learn from our work. Using a "Getting in Shape" analogy, together we will discuss the holistic elements that contribute to goal-attainment, learn specifics for creating actionable MO's, and define them in a way that helps outline the process of meeting those objectives and collecting the best data to inform them. Using your own school's GEAR UP plans, participants will have the opportunity to construct next year's MO's, and explore different pathways to writing and reaching their goals.

**F** **Working Effectively Across Cultures**  
*Erin Jones, Director of AVID, Tacoma School District*

In this workshop attendees will learn about how their own cultures impact how they do their work and how an understanding of one's own culture is critical to understanding the culture of others. This session will include interactive activities and small group conversations. Attendees will walk away with new knowledge and activities they could do with students or faculty.

# Breakout Session Descriptions

## **G** AVID: People Like Me - Change the Academic Trajectory for ALL Students

*Maria Cobb, AVID Partner Engagement Manager; Melissa Cole, AVID Oregon State Director*

Does all mean all? How is your district addressing access and equity, so that all students are college ready? Explore best practices that transform campus culture and instructional strategies, to ensure opportunities for all students, especially those traditionally underserved in higher education. Participants will see how through high expectations and the proper academic and social support, the AVID Elective and AVID Schoolwide efforts can change students' academic trajectories, closing the achievement gap!

## **H** Igniting a Youth's Spark

*Sarah Tollefson, Director of Program Development, Institute for Youth Success*

Educators and youth workers know how motivating it can be for young people to discover their "sparks"—those activities and interests that truly engage kids to be their best. Discovering those sparks can help students express their personalities and make unique contributions to the world. Participants in this training will learn how to uncover a student's spark and encourage its development. This training is based on the book "Sparks: How Parents Can Help Ignite the Hidden Strengths of Teenagers" by Peter L. Benson, and research by the Search Institute.

## **I** Finding a System for Learning Management: The Nervous System of a Digital Age Classroom

*Brandon Olszewski, Senior Education*

*Consultant, International Society for Technology in Education (ISTE)*

Digital tools and regular, equitable access to technology present students and teachers opportunities to streamline the workflow of the classroom, as well as connect students to an amazing world of learning resources. This workshop will focus on how a Learning Management System is fundamental to getting school-wide buy-in, making teachers' management of work and resources easier, and improving communication among stakeholders (including students, teachers, and parents). Resources to be reviewed include the Google suite of relevant tools (Drive and Classroom), as well as other viable alternatives (e.g. Edmodo, Moodle, and Canvas).

Monday, 1:30-2:30

## **C** The College Board Readiness and Success System: Delivering Opportunity to Students (Or, what you wanted to know about the revised SAT® & PSAT®)

*Nancy Potter, Director, The College Board*

Intended as an acquaintance to the revised SAT® and PSAT/NMSQT®, this session will also review related resources to challenge all students to own their future. Explaining the upcoming changes to the SAT® and its suite of assessments, the College Board is committed to propelling beyond assessments to opportunity. Discover the details about how four key elements—focused assessments, personalized practice, college opportunity and



# Breakout Session Descriptions

career opportunities—work together to support student success. Find answers to what the revised programs and services offered by the College Board means to you and your students.

## **D** Administrator Meeting

*Stephanie Carnahan, Program Director*

An opportunity for principals, superintendents and other administrators to meet and share resources and ideas.

## **E** The Nuts and Bolts of GEAR UP

*Ashley Edwards, Program Assistant; Susie Snelling & Richard Ceder, School Liaisons, Oregon GEAR UP*

Are you a new GEAR UP Coordinator wanting to fill in some blanks in regards to planning, grant management and available resources? Are you a Business Manager wanting to learn more about GEAR UP invoicing? Join us to learn about the GEAR UP Team Binder, planning tools, available videos and toolkits, gathering and recording cost share, and invoicing. Time will be allotted for Q&A.

## **F** GEAR UP Through The Years

*Lori Henry, Tonya Karlowitz, Cindy Jarrett & Nanette MacPherson, GEAR UP Coordinators, La Pine School District*

College visits are always a hit at any age, but what else can you do to engage students in a college-going atmosphere? We will share our best practices from middle school through senior year to keep the atmosphere fresh and new. These are proven practices that we have been doing in La Pine incorporating local businesses and community. Join us for a fun-packed presentation.

## **G** Teaching with Vulnerability in Mind: Poverty, Race, Stress, Difference

*Jeffrey R. Sprague, Professor of Special Education and Director of the Institute on Violence and Destructive Behavior, University of Oregon*

Given the rapidly changing demographics of the U.S. public school population, as well as an increasing urgency to address persistent academic and disciplinary inequities for vulnerable students, especially African-American, Latino, Native American and LGBTQ students, a growing number of practitioners are looking towards approaches that have been associated with academic and disciplinary equity. This session will discuss the role of poverty, race, stress, and difference in school failure. The contribution of PBIS, Restorative Practices, and Trauma-informed care will be highlighted.

## **H** Recruiting Quality Volunteers

*Sarah Tollefson, Director of Program Development, Institute for Youth Success*

Tired of leaving “tabling” opportunities empty-handed? Need volunteers and feel like you’ve exhausted all the options? This dynamic training will help programs identify their target volunteers, understand volunteer motivation, make a pitch to volunteers, and organize all of these ideas into a good recruitment plan. We’ll also share practices around volunteer expectations, volunteer appreciation, and ongoing recruitment. This training will energize you to take your volunteer recruitment to the next level!

# Breakout Session Descriptions

## **I** The Job Market in a Digital World: Digital Citizenship as the Passport

*Brandon Olszewski, Senior Education Consultant, International Society for Technology in Education (ISTE)*

The resume will never die, but in today's job market, it is not solely adequate for graduates competitively pursuing careers. What happens when someone Googles your name? What is your digital presence? Students need coaching on how to prepare their digital identity for the job market, whether their educators work and play in virtual networks and communities or not. This workshop will focus on some principles of Digital Citizenship, and also discuss some venues to be considered as students prepare to jettison the sheltered world of public school for the workplace.

Tuesday, 1:30-2:30

## **C** College Credit Now!

*Bryan Johnson, Principal; Kirsten Wright, Counselor; Cindy Salinas, College Coordinator, Stanfield Secondary School*

Stanfield Secondary School offers growing college credit opportunities through Eastern Promise, Dual Credit, Expanded Options, and EOU Summer Institute. Students have the chance to earn the AAOT Degree before they graduate from high school, with most of the credits being paid for by the school and/or GEAR UP grant. We will also discuss our College Ready and Success 101 required courses that focus on college and career readiness for Freshmen and Junior/Seniors as well as our Generation College Club.

## **C** Building a College-Going Culture for All Students

*Mike Ingman, Principal, Al Kennedy Alternative High School; Iton Udosenata, Principal, Cottage Grove High School*

Learn how both the alternative and regular high schools in Cottage Grove are building a college-going culture for all students by utilizing parent nights and a college liaison.

## **D** What We Need: Student Education, Not Student Debt

*Melody Bell, Executive Director, Financial Beginnings*

Financial literacy has become a requirement for success and yet there is no formal curriculum and the barest minimum of education standards. To complicate matters the cost of attending post-secondary education is skyrocketing. One of the most common reasons students leave higher education is lack of affordability and student loan debt.

This breakout session will explore the reasons for the rising tide of student debt, the trends of post-secondary education completion, and suggestions for how to prepare students for one of the biggest decisions of their lives.

## **E** Three Strategies to Integrate Student Self-Motivation into Our Curricula

*Henry Coates, Educator, Beaverton School District and High Desert ESD*

This workshop will explore three ways we can help students evaluate their development of self-motivation to learn. 1) Provide an opportunity for students to interact with a scoring guide that will be accepted then as a

# Breakout Session Descriptions

valid evaluation of their work. 2) Provide an opportunity for students to choose content material that is relevant to their lives here and now. 3) Provide an opportunity for students to role-play productive ways to handle academic struggles. For each strategy, students can measure the extent to which their self-motivation enhanced their learning experience.

## **F** Gathering Intention Data: Goal Setting and Self-Reflection in Career Planning

*Brian Rowe, Services Specialist, Oregon Career Information System (CIS)*

Research shows that 6th-9th grades are crucial points of intervention for preventing student disengagement. Intervention can take place in many forms, but one of the most long-lasting ones is to teach students how to explore career options and set goals for themselves. CIS structures this learning through the CIS Jr Career Plan, which encourages students to explore their interests and skills, set goals, and complete reflections. Students using the Career Plan start fulfilling the Personalized Learning Requirements in middle school. Teachers and counselors can leverage the reporting tools in CIS to get an idea of a student's story.

## **G** Communications 101

*Dana Beck, Communications Specialist, Oregon GEAR UP*

In order to create a college-going culture, it is critical to have regular communication with students, parents, staff and the community about the importance of college and career readiness and the necessary skills and steps to get there. In this session, get an overview of communication strategies and tools from

writing press releases to setting up social media in order to build relationships and raise awareness. Participants will complete a one-page communications plan to jumpstart their work back at school.

## **H** Individual Development Accounts, Opening Doors to Post-Secondary Opportunity

*Stacey Howard, IDA Program Manager; Chriset Palenshus, Education IDA Specialist, NeighborWorks Umpqua*

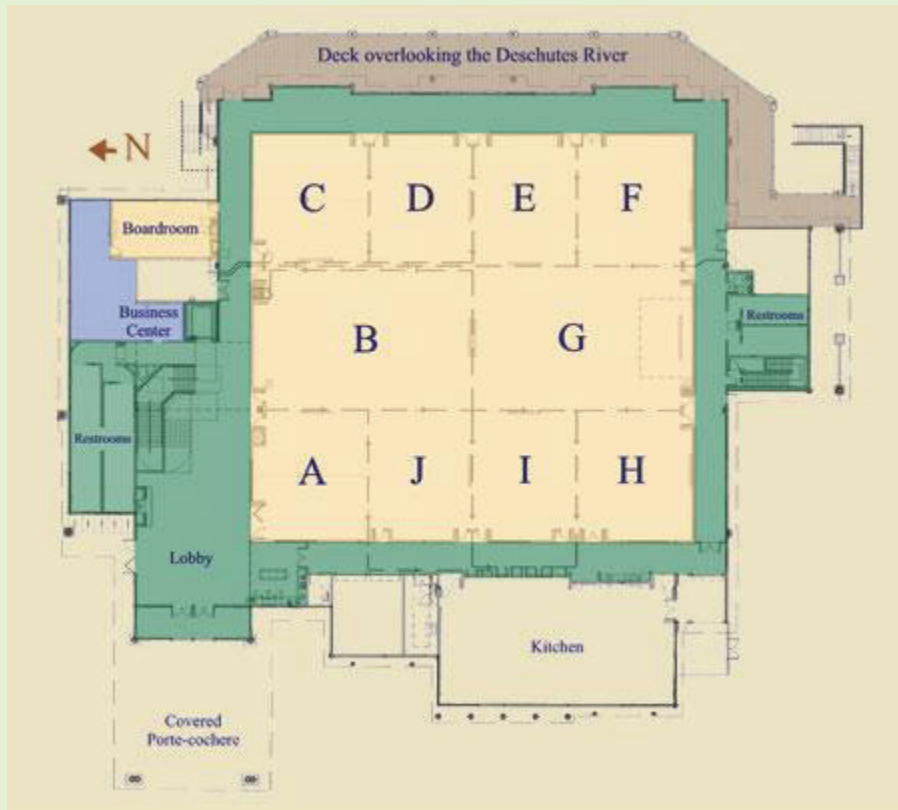
Saving for education is an investment in the future. With a grant from The Ford Family Foundation, we are able to provide Individual Development Accounts (IDA's), also known as matched savings accounts, to qualifying students at the Ford Cohort schools plus the Klamath Falls, Chiloquin, Gold Beach, South Umpqua and Bandon clusters. Students can save up to \$3,000 for college or trade school and NeighborWorks Umpqua will match those savings 3:1. Students also create an Education/Career Plan and complete a Financial Education workshop. Find out more about this amazing opportunity and discuss ways to connect your families.

## **I** Kahoot It

*Vicky Roller, Counselor and GEAR UP Coordinator, Taft 7-12*

Kahoot is a FREE game-based group response system. It allows students to use technology to engage in various topics, and also take control of their learning through research and creation of questions. Please bring your laptop!

# Conference Center Map



**COLLEGE**  
It's not a dream, it's a plan.