## Growth Mindset and Social and Emotional Learning GEARUP PROFESSIONAL LEARNING MENU



GAIN AWARENESS	
Needs Assessment	Training Options
<ul> <li>You have heard about mindset and/or SEL and would like to learn more.</li> <li>You are exploring how to embark on a purposeful mindset and SEL journey.</li> </ul>	<ul> <li>Resource recommendations</li> <li>Listening and Support</li> <li>Consulting and Advising</li> <li>Reflection conversation</li> <li>Brainstorming Session</li> <li>Q &amp; A</li> <li>School Mindset Culture Inventory (Mindset Works Leaderkit)</li> </ul>
DEEPEN UNDERSTANDING	
Needs Assessment	Training Options
<ul> <li>You would like to deepen your understanding of mindset and SEL.</li> <li>You would like to introduce mindset and SEL to others.</li> <li>You would like to revisit mindset and SEL concepts to reflect and deepen your understanding to increase your confidence and ability to translate it into practice and actively engage others in the work.</li> </ul>	<ul> <li>Workshops</li> <li>Growth Mindset and SEL 101</li> <li>Mindset in Math</li> <li>Engaging Families Through Mindset and SEL</li> <li>Design Thinking: A Mindset and SEL Problem Solving Process</li> <li>Online Course(s)</li> <li>Educator Kit (Mindset Works)</li> <li>Customized</li> </ul>
TAKE ACTION	
Needs Assessment	Training Options
<ul> <li>You have made a few mindset and SEL moves but are not sure what to do next or what impact it is having.</li> <li>You are ready to expand your mindset and SEL efforts.</li> <li>You are implementing mindset and SEL principles and practices and are ready to reflect and evaluate your efforts for continuous improvement.</li> </ul>	<ul> <li>Consult, Advise, Support, and/or Facilitate</li> <li>Co-planning (short, medium, and long-term)</li> <li>Learning Walks</li> <li>Classroom observation with feedback</li> <li>Curriculum and assessment design, development, and enhancement</li> <li>Program Implementation (e.g. Brainology - Mindset Works)</li> <li>Coaching</li> <li>Data conversation</li> <li>Engaging with families</li> <li>Action research</li> </ul>